



MEETING NOTES: September 30, 2020

Call to Order: President Jim Olson called the meeting to order and led the Pledge of Allegiance and introduced a patriotic song.

Sunshine: Jean D. had nothing today.

Thought for the Day: Mitzi B. related some fun facts. Beer reduces the likelihood of kidney stones. The eye is equivalent to 570 pixels. Hugs of 20 seconds reduce stress. A banana a day improves emotional wellbeing. The thigh bone is stronger than concrete. As a former social worker, she also emphasized how important the speaker's thoughts about juveniles were.

Happy Dollars: Jean D. is contributing an unspecified amount. Irv F. \$10 because Fiona is doing well. Dale M. \$25 for his upcoming anniversary celebration in Sedona. David B. \$100 because his birthday is in April. Jim O. \$25 for hoped better times. Mitzi B. \$100 for the wonderful speaker.

ANNOUNCEMENTS

Rotary  Mark your calendars to watch Rotary's World Polio Day Online Global Update on 24 October on [Facebook](https://www.facebook.com/rotary) or EndPolio.org.



WORLD POLIO DAY
15 24 OCTOBER

Oct 24th is World Polio Day. Sue A. talked about the food drive and the One Warm Coat drive which will both be at Gateway on Oct.10 from 8:30 to 1:00. She needs 2 helpers from 8:30 to 10:00 and 2 from 10:00 to 1:00. Contact Sue Adams directly if you are volunteering. Jim O. hopes many of us will register for the District Information Assembly. It is Saturday Oct 3 and one registers on the DacDb calendar section. Irv F. told us that the Recovery Fund now has \$4,700 and the Happy Dollars account has \$1,425.

PROGRAM

Today's speaker was Lonnie Bristow, M.D., a past president of the AMA and a Rossmoor resident. He spoke about times in his career where he felt he had made a difference.



He accompanied four state's Attorney Generals to confront the big tobacco industry. The outcome of the legal action was a settlement of \$200 million and an agreement to stop marketing to teens. Fifty years ago the smoking rate was 48% now it is down to 16%.

Forty years ago in an interview with ABC he stated that it was against the code of ethics for a medical doctor to administer drugs resulting in executions. The result was doctors no longer participated in executions. This virtually stopped the practice in California. He also stopped inhumane medical treatments of incarcerated people. For example, now pain control must be used in wound treatment.

Bristow then spoke about being a tutor/mentor at Bishop Boy's Ranch. The outcome of this program is very low recidivism compared with juvenile hall. The County Board of Supervisors wants to close the ranch and transfer all residents there to juvenile hall. Dr. Bristow was passionate about reforms needed in the treatment of juvenile offenders. He wants to see a rehabilitation model not a punishment one. In favor of his argument he stated that between 35% to 50 % of incarcerated juveniles have mental illness.

This program was well received with many questions.

CALENDAR

Oct. 7	Andy Schectman – Precious Metals
Oct. 7	6pm PE Social Fab 5 via Zoom
Oct. 10	Food Drive/One Warm Coat Drive
Oct. 24	World Polio Day